



Light Sound Therapeutic Technology

COMBINING TWO FORCES FOR A HEALTHY BODY



a safe and effective alternative treatment for many health related issues including skin conditions and sports injuries

www.lighttherapywith.com

Light Sound Therapeutic Technology

Table of Contents

What is Light Therapy?.....	1
Light Therapy as an Alternative Health Treatment.....	2
Why use Light Therapy?.....	2
Cosmetic LED Light Therapy for Skin Rejuvenation.....	3
Detoxification Protocol.....	5
Light Therapy for Heliotherapy.....	6
Light Therapy for Delayed Sleep Phase Syndrome.....	7
Light Therapy for Skin Conditions.....	8
Why use Light Therapy for Dermatology Treatments and Acne?.....	8
In Home Dermatology Facial Treatments That Improve Skin Naturally.....	9
Healing Wounds with Light Therapy.....	9
Light Therapy Offers Alternative to UVB Treatment for Psoriasis.....	10
Psoriasis and Severe Skin Conditions.....	10
Why Use Light Therapy for Psoriasis, Eczema and Other Severe Skin Conditions?.....	11
Light Therapy for In Home Meniscus Tear Treatment and Recovery.....	12
Why use Light Therapy for Meniscus Tear Treatment?.....	13
Light Therapy for Liver Cancer Treatment and Recovery.....	14
Why use Light Therapy for Liver Cancer Treatment and Recovery?.....	14
When to Use Light Therapy.....	15
When Not to Use Light Therapy.....	17
Frequently Asked Questions.....	18
From the Experts.....	21
LIGHT THERAPY – NEW AREA OF SCIENCE.....	21
More Light Therapy Testimonials.....	22
The NOVA LED Light Therapy.....	26
Disclaimer.....	27
Indemnification.....	27

Light Sound Therapeutic Technology

What is Light Therapy?

Light Therapy, using light-emitting diodes (LEDs), often called Phototherapy, offers an alternative health treatment for dermatological skin conditions, acne and other health conditions that has been proven scientifically to be safe, effective, and carries no negative side effects.

In simple terms, Light Therapy utilize the energy of light, called photon energy. Light is energy that moves in a wave pattern. Light is also characterized by its wavelength in the electromagnetic spectrum. There are components in the tissue and blood that absorb wavelengths and activate normal cell activity.

Dr. Richard Wurtman, Professor of Endocrinology at Massachusetts Institute of Technology (MIT), states that wavelengths of light are similar to vitamins and minerals, in that humans require a broad spectrum of frequencies for physical, emotional, and mental well-being.

In the past decade, the Food and Drug Administration has approved various LED devices for the purposes of increasing local circulation, skin treatments, the reduction of pain, and for relieving muscular tension and spasms. Research by NASA, the U.S. Military, the Mayo Clinic, the National Cancer Institute and prominent national and international universities has demonstrated a wide range of effective clinical applications for red and infrared LEDs.

Testimonial from Judy Jones, Ft. Collins, CO

“The Well Beam has become my friend. After I saw my mother’s improvement of going from morphine to Tylenol and now taking nothing for her pain, I am a believer in how it can work. Using the Well Beam on my stomach has helped control a bacterial infection I have had and so I use it daily.”

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Light Therapy for skin conditions, also referred to as photorejuvenation, is an exciting alternative health treatment for dermatology facial treatments and acne because it is easy to use and affordable for professional or in-home use for anti-aging treatment, reducing wrinkles, improving skin elasticity, and the healing of acne and other skin impurities.

Light Therapy as an Alternative Health Treatment

Why use Light Therapy?

Millions of people worldwide suffer from chronic pain and other debilitating illnesses. In fact, “pain” is the number one health concern for people of all ages. Traditional western medicine currently relies on surgery and pain relieving prescription drugs for temporary relief, but these medications only mask the symptoms of pain and carry a wide variety of unhealthy side effects and often unpredictable results.

circulation

Light Therapy, using light-emitting diodes (LEDs), often called Phototherapy, offers an alternative health treatment for pain, skin conditions, seasonal Affective Disorder (SAD) and other health problems that has been proven scientifically to be safe, effective, and carries no negative side effects.

Light Therapy, with LEDs, produce safe, low-level infrared light, which helps temporarily elevate muscle tissue temperature and increase local blood circulation helping to relieve pain and relax muscles.



“When I used the device, I didn’t feel anything except that the pain just ebbed out,” said Brinkworth, 58, who regularly abuses her body on her motorcycle and horse. “Adventure junkies need this.”

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

LED Light Therapy has been shown in over 40 years of independent research worldwide to deliver powerful therapeutic benefits to living tissues and organisms. Both visible and infrared light have been shown to effect at least 24 different positive changes at a cellular level.

Dr. Richard Wurtman, Professor of Endocrinology at Massachusetts Institute of Technology (MIT), states that wavelengths of light are similar to vitamins and minerals, in that humans require a broad spectrum of frequencies for physical, emotional, and mental well-being.

Ruth Sword, Ft. Collins, CO

“Light Sound Therapeutic Technology has aided my body in a non-invasive healing process. Using the Well Beam unit on parts of my body that have pain and poor circulation has stimulated a change in those conditions. I have far less pain (for the most part no pain), better circulation and range of motion. I will continue to use this healing device to treat my autoimmune disease. I believe it will relieve muscle inflammation and generate new and healthy cells.”

Cosmetic LED Light Therapy for Skin Rejuvenation

Your skin has the ability to absorb infrared light and use it as a source of energy to stimulate cellular regeneration. Infrared LED light therapy, first researched by NASA for use in the U.S. Space Program, can reverse and control the visible signs of aging and help you look years younger without harsh chemical treatments or invasive surgical procedures. Dramatic tightening of skin, smoothing of wrinkles and rough spots, disappearing blemishes, softening of redness, and shrinking of pore size can be achieved with this natural light treatment. In addition, the unit can be used to effectively treat minor muscle and joint aches, sprains, back pain, muscle spasms, the pain and stiffness associated with arthritis, and more.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Light Sound Technology actively searches for skin care products that are natural alternatives to Botox™ and expensive cosmetic surgery or risky antibiotics that you can use in the privacy of your home. The LED Light therapy products, LST recommends are below, and give you a choice in cost and method. These LED Light Therapy products stimulate cellular regeneration and cellular production.



Actual Patients of Dr. Karlin

Cosmetic Lasers and LED Light

Therapy have shown to reverse and control the visible signs of aging and help you look years younger. The FDA Approved LFT NOVA is becoming one of our most popular LED Light Therapy Systems.

Our LFT FRK Kit is a Cosmetic Infrared Light therapy system utilizing the energy of light, called photon energy, to stimulate the activity of certain cell components. By using photo energy, you have a simple, effective, non-pharmacological medical alternative. It is quickly effective, cost effective, and easy to administer.



Light is energy that moves in a wave pattern. Light is also characterized by its wavelength in the electromagnetic spectrum. There are components in the tissue and blood that absorb wavelengths and activate normal cell activity. The reason for this increased cell activity is the photon. The photon is the energy portion of the light wave. For this reason we often refer to this therapy as PHOTON THERAPY.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Once delivered, the light energy promotes the process of photobiostimulation. The positive effect of photobiostimulation on animal cells is analogous to photosynthesis in plant cells, whereby a chain of chemical reactions are set in motion. In human tissue the resulting photochemical reaction produces an increase in the cellular metabolism rate which expedites cell repair.

Detoxification Protocol

The Light Therapy LEDs are not just powered by standard voltage means, but are also strobed at specific proprietary healing frequencies.

Jef Harvey designed this protocol based on the fact that LED units have been proven to increase RNA-DNA synthesis, increase phagocyte cleanup activity, increase the formation of new capillaries, modulate the cristae within the mitochondria to thereby stimulate ATP release, stimulate cytochrome oxidase and stimulate fibroblast activity which is important for connective tissue and collagen formation.

This protocol can be used to begin a gentle detox prior to commencement of a cellular level detox. By stimulating the elimination organs and the liver and kidneys first, and then the lymph nodes and other energy centers second, the lymph flow of these elimination channels can be more than doubled.

In addition to being able to begin in a gentle detox, this protocol can also be used to reduce the Herxheimer reaction of a more aggressive detoxification protocol. The Herxheimer reaction is best described as the almost flu-like symptoms that sometimes include nausea, headache and even diarrhea that accompany more aggressive



COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

detoxifications. The reaction is nothing more than your body signaling you that it is attempting to eliminate at a higher rate than it can actually process the toxins and dead cells from the die off of parasites and diseased cells that are being eliminated.

By utilizing the Light Therapy, the Herxheimer reaction is dramatically reduced when the elimination channels more than double their processing power.

Light Therapy for Heliotherapy

This is a very popular term which is used to describe Light Therapy, and is used in spas and therapy and other such treatment facilities.

Various forms of Light Therapy for Heliotherapy to provide tanning beds and booths and even tanning lamps which use both ultraviolet and infrared rays of light for providing treatment to their customers.



Light Therapy for Heliotherapy or phototherapy consists of exposure to daylight or to specific wavelengths of light using lasers, light-emitting diodes, fluorescent lamps, dichroic lamps or very bright, full-spectrum light by a so-called light box. The light is administered for a prescribed amount of time and, in some cases, at a specific time of day. Light therapy directed at the skin is used to

treat acne vulgaris and neonatal jaundice. Light therapy which strikes the retina of the eyes is used to treat circadian rhythm disorders such as delayed sleep phase syndrome and can also be used to treat seasonal affective disorder, with some support for its use also with non-seasonal psychiatric disorders.

For the past 30 years scientists around the world have researched the clinical uses of Light Therapy using LED's. Light Therapy provides a safe, effective, and non invasive solution for a variety of health conditions as well as helping you create good health.

Light Therapy for Heliotherapy has been around for many years but since recent studies by NASA and others has really started to take off in popularity.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Dr. Richard Wurtman, Professor of Endocrinology at Massachusetts Institute of Technology (MIT), states that wavelengths of light are similar to vitamins and minerals, in that humans require a broad spectrum of frequencies for physical, emotional, and mental well-being.

Testimonial by Sharon B., La Porte, Co

“I had a light therapy session yesterday at the clinic. I have been losing sleep with the pain in my left hip-waking up frequently to reposition myself. After the one 20 min treatment, I would estimate about 60-70% improvement-much less pain. I did wake up, but more from habit and went back to sleep. That is pretty impressive since I have had that condition for a couple of months now. I am very excited about this and bought a unit. It is much easier to use it at home than to run to appointments at the clinic. My mother wants a unit as well. She suffers greatly from pain of extensive osteoarthritis. I'll keep you informed of our progress. Thank you, thank you....”

Light Therapy for Delayed Sleep Phase Syndrome

People suffering with Delayed Sleep Phase Syndrome (DSPS) have problems sleeping and often end up falling asleep way past midnight and thus have difficulty waking up in the morning. In these cases the light must be provided as soon as the patient wakes up. [Light therapy](#) is useful for the people suffering from DSPS because it causes dawn simulation.

Light therapy or phototherapy consists of exposure to daylight or to specific wavelengths of light using lasers, light-emitting diodes, fluorescent lamps, dichroic lamps or very bright, full-spectrum light - by a so-called light box. The light is administered for a prescribed



Light Sound Therapeutic Technology

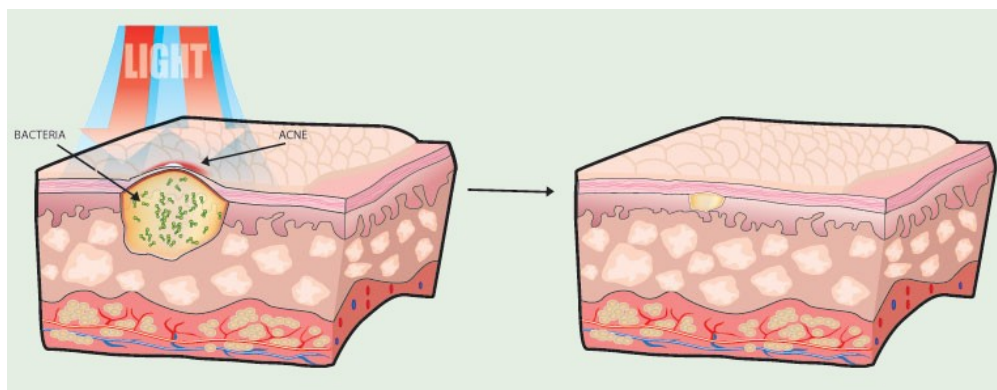
amount of time and, in some cases, at a specific time of day. Light therapy directed at the skin is used to treat acne vulgaris and neonatal jaundice. Light therapy which strikes the retina of the eyes is used to treat circadian rhythm disorders such as delayed sleep phase syndrome and can also be used to treat seasonal affective disorder, with some support for its use also with non-seasonal psychiatric disorders.

Light Therapy for Skin Conditions

Why use Light Therapy for Dermatology Treatments and Acne?

Acne and other dermatological conditions can then be treated utilizing red light therapy. The red light is known for its healing qualities and is used for anti aging treatments.

Light Therapy helps reduce acne inflammation, kills acne bacteria (Propionate acnes) and balances serum and oil production. The treatments can also assist with the prevention future acne breakouts.



The red light increases collagen production, the protein responsible for your skin firmness and elasticity. It also increases muscularity by making new capillaries. With increased circulation and oxygenation, more blood is flowing to your skin tissues and nutrients carried by the blood allow the body to heal and repair skin tissue.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

In Home Dermatology Facial Treatments That Improve Skin Naturally

Light Therapy offers in-home dermatology facial treatments that improve skin naturally. Light therapy minimizes fine lines and wrinkles. In addition, It helps to minimize age spots and skin discoloration. This offers users a natural, safe and painless skin, facial and dermatological treatments without the use of prescription medications or potentially unhealthy skin treatments.

Light Sound Therapeutic Technologies offer affordable in home units that allow individuals to easily use Light Therapy as an alternative health treatment.

Light Sound developed light therapy systems for ease of use and to produce a unique combination of light frequency and wavelength of safe, low level, infrared light with adjustable levels of light which can also be used for pain relief and the treatment of a variety of health conditions including Seasonal Affective Disorder.



Healing Wounds with Light Therapy

In the United States diabetes is affecting people in epidemic proportions. Currently there are over 24 million Americans with diabetes. It is crucially important for anyone with diabetes to get this condition under control. Diabetes is a leading cause of blindness, kidney failure, heart attack, and amputation.



It has been found that infrared light releases nitrous oxide in the blood stream which increases the circulation of blood in the area where the light is directed. This is very helpful for people, who due to various diseases such as Diabetes find it very difficult to heal wounds on the surface of the skin. This is also helpful for patients suffering with Neuropathology, Ulcers and for patients whose blood circulation is improper.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Testimonial by Eva T., Binghamton, N.Y.

“My niece gave my husband Joe the Light device because he had such neck and back pain. He was undergoing dialysis three times per week, suffered from Cohn's disease, and had a history of heart ailments so was on a multitude of medications, so nothing could be done about the neck and back pain. At first he was very skeptical that it could help, but the device ended up being his constant companion day and night. Since he passed in March of '03, it has become my companion. Before using it I couldn't comb my hair because my shoulder was so stiff and sore. Now I'm starting to use it on my swollen feet too. I just put the unit under each foot whenever I sit to watch TV on and off during the day. Then in bed I place it on the blue blinking mode on my stomach and have been sleeping longer and sounder than in years. I don't know what I would do without it!”

Light Therapy Offers Alternative to UVB Treatment for Psoriasis

Psoriasis and Severe Skin Conditions

Did you know over 1.5 million Americans suffer from one of the five types of psoriasis: plaque, guttate, inverse, pustular and erythrodermic?

And millions of people worldwide are suffering from psoriasis, eczema, acne, and other severe skin conditions. UVB Treatment is not the only solution. Light Therapy, using light-emitting diodes (LEDs), often called Phototherapy, has been proven scientifically to be safe, effective, and carries no negative side effects for the treatment of skin conditions.

Coping with psoriasis, eczema, acne, and other dermatological skin conditions can be difficult because the person is not only dealing with the skin condition but also dealing with other people's reactions to the skin changes. Light Therapy offers these people an in home alternative health treatment.

COMBINING TWO FORCES FOR A HEALTHY BODY

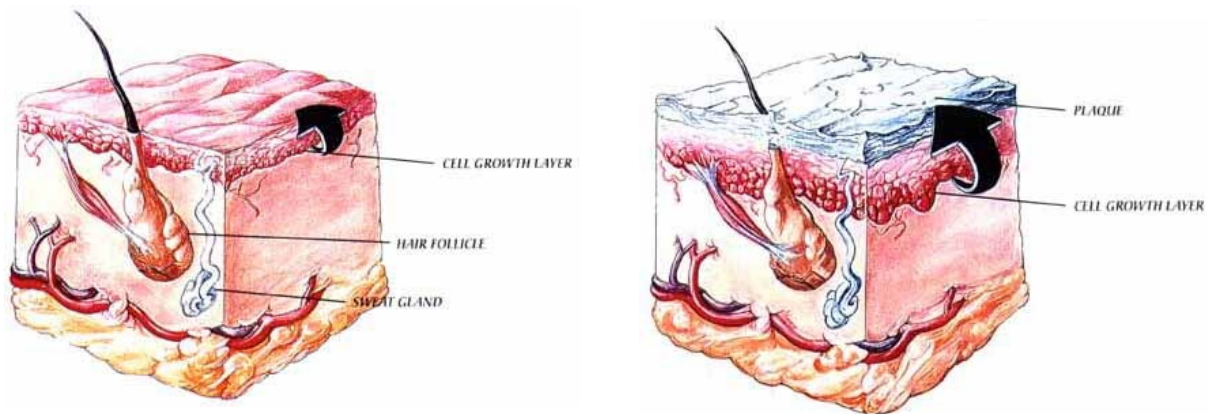
www.lighttherapywith.com

Light Sound Therapeutic Technology

Why Use Light Therapy for Psoriasis, Eczema and Other Severe Skin Conditions?

Dermatological conditions can be treated utilizing red light therapy. The red light is known for its healing qualities as well as for its anti-aging benefits for the skin.

Light Therapy helps reduce inflammation, and balances sebum and oil production. The Light Therapy is used to help suppress inflammation on the skin, and allows the skin cells to heal naturally.



The red light increases collagen production, the protein responsible for your skin firmness and elasticity. It also increases vascularity by making new capillaries. With increased circulation and oxygenation, more blood is flowing to your skin tissues and nutrients carried by the blood allow the body to heal and repair skin tissue.

Light therapy is also used as an anti-aging skin treatment, as it also minimizes fine lines and wrinkles - as well as helping to minimize age spots and skin discoloration. This offers users a natural, safe and painless skin treatments without the use of prescription medications or potentially damaging skin treatments.

Companies like Light Sound Therapeutic Technologies offer affordable in home units like the NOVA Light Kit that allow individuals to easily use Light Therapy as an alternative health treatment in the comfort of their homes.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Light Sound developed these light therapy systems for ease of use and to produce a unique combination of light frequency and wavelength of safe, low level, infrared light which can also be used for a variety of severe skin conditions.

Light Therapy for In Home Meniscus Tear Treatment and Recovery

Thousands of people are suffering from Meniscus Tears and other knee injuries related to accidents and sports injuries.

Light Therapy is a safe and effective nonsurgical procedure to aid in pain relief and rehabilitation of a meniscus tear. Light Therapy has been used to help suppress inflammation, and allow muscle tissue and ligament cells to heal more quickly.

There are many things to consider when deciding how to treat your torn meniscus, including the extent and location of the tear, your pain level, your age and activity level, your doctor's preference, and when the injury occurred. [Note: Always consult with a medical practitioner for treatment of a meniscus tear injury.]



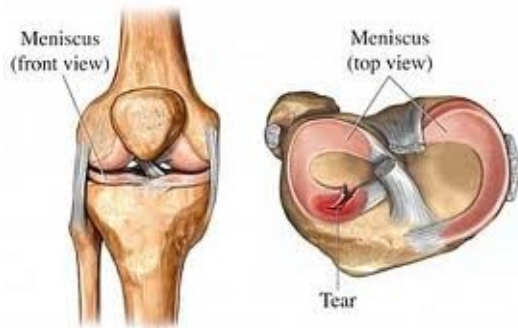
Meniscus Tears can often lead to pain and/or swelling of the knee joint. Especially acute injuries (typically in younger, more active patients) can lead to displaced tears which can cause mechanical symptoms such as clicking, catching, or locking during motion of the knee joint.

Light Sound Therapeutic Technology

Why use Light Therapy for Meniscus Tear Treatment?

Light Therapy, with LEDs, produce safe, low-level infrared light, which helps temporarily elevate muscle tissue temperature and increase local blood circulation helping to relieve pain and relax muscles.

LED Light Therapy has been shown in over 40 years of independent research worldwide to deliver powerful therapeutic benefits to living tissues and organisms. Both visible and infrared light have been shown to effect at least 24 different positive changes at a cellular level.



For meniscus tear recovery, rehabilitation, and the treatment of pain Light Therapy offers an alternative health treatment that can aide in the patients recovery and be used to alleviate and manage pain without the potentially harmful side effects of prescription pain medications.

Clinical studies have shown Light Therapy to increase the speed of healing damaged cells by 100% to 200%.

Light Sound Therapeutic Technologies offer affordable in home Light Therapy products that allow individuals to easily use Light Therapy for pain management and as a complimentary treatment to facilitate the bodies natural healing process. Their Light Therapy Kit, the NOVA, has been featured by American Medical Review.

Testimonial from Louis S., Van Nuys, CA

I like it (the LFT9000) because I don't have to swallow anything and I don't have to get a stomach ache and it really helps. My wife won't let me use hers so I gotta buy myself my own. She's been using hers since 2003 and it still works good."

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Light Therapy for Liver Cancer Treatment and Recovery

Light Therapy is a safe and effective nonsurgical procedure to aid in pain relief and rehabilitation for certain Cancer treatments.

Light Therapy has been used to help suppress inflammation, and allow muscle tissue and damaged cells to heal naturally. Light Therapy is also being tested as an alternative treatment for Liver and other forms of Cancer Treatments



What if you could treat Cancer by taking a pill, then directing LED and Ultraviolet light toward the location of the tumor?

Imagine a cancer treatment with no chemotherapy, and no harmful damage to healthy cells. Where you own bodies cells actually attack the tumor themselves with no harmful effects on healthy cells.

This sounds futuristic, but research is being conducted right now, using light therapy called photodynamic therapy.

Research and clinical studies are now underway to determine optimal combinations of photo sensitizers, light sources, and treatment parameters for a wide variety of different cancers.

Why use Light Therapy for Liver Cancer Treatment and Recovery?

Light Therapy, with LEDs, produce safe, low-level infrared light, which helps temporarily elevate muscle tissue temperature and increase local blood circulation helping to relieve pain and relax muscles without any harmful side effects.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

LED Light Therapy has been shown in over 40 years of independent research worldwide to deliver powerful therapeutic benefits to living tissues and organisms. Both visible and infrared light have been shown to effect at least 24 different positive changes at a cellular level.

For certain types of cancer treatment, rehabilitation, and the treatment of pain, Light Therapy offers an alternative health treatment that can aide in the patients recovery and be used to alleviate and manage pain without the potentially harmful side effects of prescription pain medications.

LED Light Therapy systems are used in doctors' offices, spas and salons worldwide - and now are also available for in home use. Companies like Light Sound Therapeutic Technologies offer affordable in home Light Therapy products that allow individuals to easily use Light Therapy while relaxing at home.



These Light Therapy products were developed and tested to produce a unique combination of light frequency and wavelength of safe, low level, infrared light know for it's therapeutic value.

When to Use Light Therapy

If you suffer from chronic pain or other illnesses, you owe it to your health to explore Light Therapy. Pain medications are used in many cases to mask the symptoms of the injury and offer little in helping healing the injury. In contrast, Light Therapy can help one's body heal quicker and offers safe temporary pain relief.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Published international research for over 30 years upholds the benefits of LED and Light Therapy for pain relief, the acceleration of wound healing , and for its anti-inflammatory effects for many conditions including:

- Sports / accident injuries
- Backaches and sore muscles
- Tendinitis & Tennis Elbow
- Psoriasis and Eczema
- Acne and skin disorders
- Arthritis symptoms
- Certain sleep disorders
- Shift-work problems
- Tooth pain and tooth extractions
- Mouth Sores in bone marrow transplants
- Myofascial pain
- Headaches and Migraines
- PMS stress and Premenstrual Dysphoric Disorder
- Seasonal Affective Disorder (SAD)
- Nonseasonal types of depression
- Bedsores
- Maintaining wellness
- Obsessive-compulsive disorder
- Depression & sleep disorders in Alzheimer patients



Light Sound Therapeutic Technology

When Not to Use Light Therapy

Light therapy has been researched world wide for decades and shown to be both safe and effective. Devices sold to the public for in-home use and approved by the FDA necessarily have an energy output which is not harmful to the consumer. However, medical devices and lasers have a much higher intensity and therefore treatment times are shorter. The higher intensity can cause tissue damage and should only be used by a licensed practitioner, doctor or or dermatologist.

Also, clients often report using the NOVA to treat insomnia and depression. In many cases once the pain subsides or is gone and the condition starts to reverse itself--sleep cycles dramatically improve and depression lifts as the user becomes more active again.



However advantageous light therapy may be, there are certain times when light therapy is not advisable. It should not be used by anyone prone to any types of seizures, Autism, or who have adverse reactions to blinking light frequencies.

In some cases, where the patient suffers from phototoxicity (super sensitivity to light) or has a photosensitive skin or is taking certain medicines which can create such conditions, light therapy is not advised. Also if patients have a tendency towards manic behavior, light therapy is not advised.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Frequently Asked Questions

Q: It is hard for me to believe that shining a little red or blue light on my body can heal anything. Why should I use this light therapy device?

A: There are literally thousands of articles, abstracts and books written on the benefits of Light Therapy today. These publications have been written by doctors, scientists and practitioners from such prestigious organizations as NASA, The Medical College of Wisconsin, Samuel Haroff Hospital, Thomas Jefferson University, Harvard and many other organizations that have conducted extensive research on Light Therapy. To read American Cancer Society Article About Light Therapy please click [here](#).

Q: Are any of the treatments harmful?

A: We have had no indication of any harmful effects resulting from the use of our therapy products. Of course, please use according to the suggested instructions issued with the unit.

Q: Will this work for someone who is diagnosed with a chronic condition or termed by the medical community as “hopeless”.

A: We have had no indication of any harmful effects resulting from the use of our products. Please use according to the suggested instructions issued with the unit.

"Never must the physician say, the disease is incurable. By that admission he denies God, our Creator; he doubts Nature with her profuseness of hidden powers and mysteries." Quoted from the last page of the book "THE MEDICAL FOLLIES" printed in 1925 and written by Morris Fishbein, M.D., Editor of the Journal of the American Medical Association.

Q: Can I use Light Therapy if I am pregnant?

A: There are no conclusive studies that we are aware of associated with light therapy and pregnancy. Therefore we would recommend contacting a physician who has a working knowledge of light, laser and/or vibrational therapies.

Q: Can I quit taking my medications after using Light Therapy?

Light Sound Therapeutic Technology

A: Although many clients have reportedly been able to discontinue or downgrade their medication, including morphine, it is recommended that you work closely with your primary health practitioner for any medication changes.

Q: Will this therapy work over clothing?

A: Although we recommend direct contact with the skin, when possible, the LED's will be effective over clothing. If at all possible try to use it over natural fibers such as cotton or wool. If natural fibers are not available then wear a thin material such as rayon, nylon, or polyester. However, length of treatment time might be less when there is direct contact with the skin.

Q: Can I use this unit with a pace maker?

A: We could find no specific research contradicting the use of LED devices with pacemakers. Consequently, it would be wise to consult your primary medical practitioner or a doctor with a working knowledge of light and vibrational therapies.

Q: I live alone. can I treat myself?

A: Yes. The device is designed to be lightweight and easy to handle. When treating your hands the device can be placed in your lap. Additionally, there are accessories available to further improve the ease of use

Q: What will I notice during and after treatment?

1. You will feel an increase in temperature or warmth in the treated area.
2. Different sensations are possible with Light For Therapy depending on the individual.

You may experience the following effects.

- You will feel warmth or hot sensations
- You will experience the relief from your pain
- You may have a greater range of motion
- You may feel a calming or soothing effect
- You may be able to sleep through the night without minor pain

Q: When will I feel better or see some positive results?

A: It is important to remember that we are all unique; no two people are the same. Factors such as age, sex, level of fitness and various physical conditions can affect how

Light Sound Therapeutic Technology

quickly your Light For Therapy unit can help you. There are several things you can do to increase your level of benefit with Light For Therapy.

- Adequate nutrition
- Drink plenty of water
- Do not smoke or drink alcohol
- Stress reduction
- Get adequate amount of sleep (8 hours, if possible)

In cases where your condition has lasted for many years (chronic) it may take longer to notice substantial results because so many areas may need the therapeutic benefits of Light For Therapy. Give yourself the gift of time to notice substantial results. Also take into consideration the subtle changes you might encounter such as increased range of motion and better sleep.

Q: Can it burn my skin?

A: Our units are safe and will not burn the skin when used according to our instructions.

Q: Is this harmful if used with photosensitive drugs?

A: There are no studies indicating harmful effects when used with photosensitive drugs. However, if you have a concern, stop using the equipment and have your doctor contact Light For Therapy.

Q: Should I reduce my prescribed medications?

A: Do not discontinue/reduce medications without consulting your health care provider.

Q: Will there be harmful effects if I have plates, pins, a pacemaker, or cancer seed implants?

A: There are no known contraindications associated with this type of therapy; however, the device has not been tested on all conditions. If you experience adverse effects or have a concern regarding use of the equipment, stop using it and have your doctor contact Light For Therapy.

Q: What is the return policy?

A: Our policy is a 30-day money back guarantee on all items minus a 15% restocking fee.

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

From the Experts

Dr. Dwight Hayden, Scotland

“As a Chiropractor, I am always looking for modalities which compliment my practice and help my patients heal emotionally and spiritually, as well as physically. Light therapy equipment has expanded my ability to do this in numerous ways-by working with the bioelectromagnetic energy field, the major acupuncture meridians, and the muscular skeletal structure all at the same time!”

Thomas L. Jackson, Natural Health Practitioner
Tasmania, Australia

“I have just added light therapy products to my practice...and have found that combining the relaxing and healing effects of the lights with my normal use of acupuncture, spinal manipulation and herbology, shortens down-time and increases the potential for higher performance levels in the race and show horses I treat. I have also used light therapy on dogs, bulls, cattle and people with excellent results.”

LIGHT THERAPY – NEW AREA OF SCIENCE

“Up till now the trend in medicine has been focusing on biochemistry, the chemical reactions in the body and how medication can alter the different symptoms we get from disease.

Light Therapy is offering us a whole new area of science, in that Light Therapy might be the precursor to all biochemical reactions within the body. ”

- Rick Rhoncka
CEO Frontier Medical

Light Sound Therapeutic Technology

More Light Therapy Testimonials

Margeret Aikens, Colorado

I have had a bad shoulder for many years now and work in a high-stress job. I started using lighttherapywith.com well beam along with the music cd's and noticed that my stress level went down dramatically. I noticed myself feeling emotionally better, was much more calm and relaxed, and more alert.

The sound therapy alone was really great. Almost immediately, my pain started to dissipate in my shoulder. I had been going to chiropractors for a couple of years and after using the wellbeam started seeing him less and less (I'm sure that he wasn't too happy about that)! I am feeling much better 'body wise' and continue to use the product with the wonderful CD's every day when i come home from work which really relaxes me and helps my home life, I actually don't get too p.o.d at my wife as much!!!!

Well I honestly belief in the product and would recommend it to anyone, thanks so much!

Denver Business Journal

Karen Cochran, 58, turned to Light Therapy after everything she tried for her migraine headaches failed to work.

"I've tried doctors, chiropractors, osteopaths, Tylenol and Demerol," the Elizabeth resident said. "Then I did some light therapy treatment. About 15 minutes later, I didn't have a headache at all."

Elaine F., Dental Hygienist, Colorado

"For years a car accident left me in chronic pain and facing the serious risk of back surgery...light therapy has not only given almost complete pain relief, but has also solved the problem of aching feet — since I stand all day on the job."

COMBINING TWO FORCES FOR A HEALTHY BODY

www.lighttherapywith.com

Light Sound Therapeutic Technology

Lucy J., New Jersey

“Pain relief for dying cat: Our 13 year old cat woke me up at 4 A.M. and it was obvious that she was suffering and in a lot of pain. Since both my husband and myself used the Well Beam for arthritic pain relief, I hoped it would comfort ‘Precious’ until the vet clinic opened and we could have her euthanized. We had been expecting this day for some time. After a twenty minute treatment, she jumped off the bed and ran to her food dish. She ate well and then curled up and went to sleep. I gave her a treatment about every hour until the clinic opened at 8 A.M., and she showed no more signs of being in pain. I bless the day we bought this Light Wave unit. The anxiety of watching her suffer would have been intolerable.”

Sharon’s Mom, Illinois

“Mom used it a lot today and is excited by how easy it is to use and that she doesn’t have to worry about too much. She is already feeling some relief in a knot that she gets in her back and she said she could feel a change in her hands already. She is really severely crippled from osteoarthritis – almost doubled over at waist and one hip totally gone. When I talked to her she was yawning and ready to go to bed – she also has trouble sleeping – probably from pain – so I am thinking she will sleep better even tho she didn’t want to try blue light at navel until tomorrow. She is doing really well at absorbing the directions – I am so glad that she was open to doing this.”

Ruth Sword, Ft. Collins, CO

“Light Sound Therapeutic Technology has aided my body in a non-invasive healing process. Using the Well Beam unit on parts of my body that have pain and poor circulation has stimulated a change in those conditions. I have far less pain (for the most part no pain), better circulation and range of motion. I will continue to use this healing device to treat my autoimmune disease. I believe it will relieve muscle inflammation and generate new and healthy cells.”

Light Sound Therapeutic Technology

Dan & Dee, San Diego, California

AARP supports healthy choices: "I received a free demo at the AARP conference and was amazed to wake up the next morning without the usual stiffness in my back and joints. You might remember me as the one who literally ran up the aisle that morning to purchase a unit. My wife and I used it on and off on our drive back to California from Vegas, and we returned home with high energy and less stiffness. Delores played 18 holes the next day. People who are at high heart attack risk might find this as a pain management alternative. Good luck to you guys."

Mary Beth, D., Equine Rehabilitation Therapist, Conn.

"Although I bought your Light Unit several years ago to help relieve pain and increase circulation and flexibility in the show and race horses I treat, I wanted to give you feedback on how I used it on myself and my son. I have had five surgeries (over twelve years) on my wrists for carpal tunnel and have scars from the elbow to the wrist. Massaging horses and reining is really tough on my arms and wrists, and my doctor suggested surgery again. I figured I would use Light Therapy first and maybe be able to put the operation off until work slowed down. That was two years ago and I have not needed the surgery thus far. I also use it regularly for backaches and on my stomach when I get over-stressed and can't sleep. When my son dislocated his pinky playing football, he lost the range of mobility and a cyst formed below the wrist. After surgery he used the light unit to help with flexibility and control post-surgical pain, and surprisingly the cyst disappeared within two weeks.

This also was two years ago. I have many more experiences with cats and dogs which I would be happy to tell anyone who would listen. This is a remarkable technology and from my personal investigations, backed by scientific data and years of clinical research. The unit has saved me thousands of dollars too. There are just so many positive things to say about it."

Light Sound Therapeutic Technology

Geary Morales, Milwaukee, WI.

Hi, my name is Geary Morales from Milwaukee, Wisconsin. Here's my story about the amazing therapeutic powers of Light For Therapy's – light and sound healing device and protocol.

As unfortunate as it was at the time, my most confidence building and healing experience with the Light For Therapy device was in the Fall of 2005. I was returning from a special event one early Saturday morning, when I was viciously blind-sided attacked in an assault where I was left unconscious for three hours.

Miraculously by the grace of God, somehow I woke up and managed to walk home, with a bloodied concussion to my head and bodily injuries to the entire left side of my upper body.

Very grateful, but still shook up and in physical and emotional pain, I decided to put the Light for Therapy device to the test which I had acquired about a month earlier. For one whole week, three to four times a day in 20 to 30 minute sessions, I faithfully applied the Light for Therapy device strategically to my head, neck and my entire upper torso while listening to the audio relaxation CD that accompanied it.

I was amazed on how it relieved the pain little by little, building on each session, I fully recovered with no permanent damage to my head, my body as well as my emotional psyche. I credit it of course to my faith in God, prayer and the incredible healing properties of the Light for Therapy device which without a doubt eliminated any desire or need to see a hospital emergency room or physician for any follow-up rehabilitation.

As I'm sure you can appreciate, you can now understand without hesitation, why I strongly recommend to anybody that is affected by physical pain and/or emotional stress, should not hesitate to invest in Light For Therapy's breakthrough light and sound rehabilitative therapy devices.”

Light Sound Therapeutic Technology

The NOVA LED Light Therapy

The NOVA LED Light Therapy is a remarkable new way to relieve pain and treat a variety of health problems – that could change you life forever (for the better)!

It involves [Light Therapy](#) with Light Sound Technology using low level Light Emitting Diodes (LED) to produce a unique combination of light frequency and wavelength of safe, low level, infrared light.

This technology helps to elevate muscle tissue temperature and increase circulation. This has been shown in clinical studies to increase the speed of healing by 100% to 200%. All of these factors are essential in relieving pain and relaxing muscles...

Light Therapy uses specific wavelengths of light to assist the body's natural healing abilities to decrease pain and speed the recovery process for many illnesses and health conditions including skin conditions and sports injuries.

Research by NASA, the US Military, and Research Institutes around the world have show it to be safe and effective. The NOVA is an affordable, easy to use, light therapy product for home use.



To Learn more about the NOVA LED Light Therapy visit [Light Therapy](http://www.lighttherapywith.com/nova/)
With website at <http://www.lighttherapywith.com/nova/>

Light Sound Therapeutic Technology

Disclaimer

The statements on this page have not been evaluated by the Food and Drug Administration. Everything on this site is intended to provide a basis for research. The information presented at www.lighttherapywith.com is general in nature, and is provided for informational purposes only. You should seek medical advice at your discretion and consult your own physician or appropriate health care provider about the applicability of any opinions or recommendations with respect to your own symptoms or medical conditions. The information on www.lighttherapywith.com should not be considered complete, nor should it be relied on to suggest a course of treatment for a particular individual. You should never disregard medical advice or delay in seeking it because of something you have read at www.lighttherapywith.com.

Indemnification

You hereby agree to indemnify, defend and hold www.lighttherapywith.com and all other Site Parties mentioned or not, harmless from and against any and all claims, liabilities, settlements, actions, losses, demands, costs and fees (including, without limitation, reasonable legal fees), arising from or allegedly arising from your use or misuse of the Site and/or your violation of, or failure to abide by, any Terms and Conditions posted on the Site.

The Site may contain third-party advertisements, links to other web sites operated by parties other than www.lighttherapywith.com and other Site Parties and framed third-party sites (collectively, the “Links”). Such Links are provided for your convenience only, you access and rely on them at your own risk. Any Link accessed through or from this Site is independent from www.lighttherapywith.com and other Site Parties, and www.lighttherapywith.com and other Site Parties have no control over, and are not responsible for the content of that Link. In addition, www.lighttherapywith.com and other Site Parties do not endorse or accept any responsibility for the content, availability, accuracy, reliability, quality, or use of any Link, or of any product or service provided by any party. Any transaction you enter into with a third-party or advertiser, whether or not through a Link on the Site, is solely between you and such third-party and www.lighttherapywith.com as well as other Site Parties shall have no liability therefore.